

Family PACT Webcast – Post Test

Contraceptive Update

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For true or false questions, please circle True or False to indicate whether the statement is true or false.

1. Studies show consistently that bone mineral loss with DMPA use is recovered within three years of DMPA cessation. True or False
2. Quick Start protocols for starting and restarting oral contraceptives, contraceptive patches, vaginal contraceptive rings, DMPA and the copper IUD are preferable to instructions on product labels. True or False
3. Women should have a urine pregnancy test done prior to each DMPA injection to document that they are not pregnant. True or False
4. The Copper T IUD is the most cost effective method of contraception for sexually active women. True or False
5. The birth control methods that are the most effective at preventing pregnancy are among the least frequently used methods in the U.S. True or False
6. Extended cycle use of pills, vaginal rings and contraceptive patches has been shown to be safe and effective for up to 1 year. True or False