

## Access to Sterilization - Permanent Contraception

### Family PACT sterilization services:

Family PACT is a publicly-funded family planning program designed to provide comprehensive family planning services to low income women and men in California with no other source of family planning coverage or who have insurance but must keep family planning services confidential. Family PACT uses the Federal Sterilization consent form (PM 330), the same consent form used by the Medi-Cal program.

- Tubal ligation, Essure®, and vasectomy procedures are covered benefits of the Family PACT program.
- Informed consent counseling is included as a Family PACT service. Informed consent should include, but not be limited to, an assessment of the client's comprehension of:
  - Alternative family planning methods that are available and temporary
  - Permanence and irreversibility of the procedures
  - Discomforts, risks and benefits associated with the procedures

The time spent providing informed consent counseling may be billed as an Evaluation and Management visit code or as an Education and Counseling visit code.

- Post-op semen analysis is covered for vasectomy clients.
- Consent requirement is the same as Medi-Cal:
  - Men and women who are 21 or older are eligible for sterilization
  - The 30-day waiting period (from the signing of the PM 330 consent to the procedure) is mandatory
- A copy of the sterilization informed consent form must be kept in the client's chart and must be submitted with the claim. Instructions for completing the Consent Form are available on the Medi-Cal web site:  
[http://files.medi-cal.ca.gov/pubsdoco/publications/masters-mtp/part2/ster\\_m00i00o03.doc](http://files.medi-cal.ca.gov/pubsdoco/publications/masters-mtp/part2/ster_m00i00o03.doc)
- An online educational module entitled, "Sterilization Consent: Tutorial on Completing the PM 330" is available on the Family PACT website:  
<http://familypact.org/en/Providers/provider-training/FamilyPACTOnlineModules2/SterilizationConsentPM330.aspx>

**For more program information, please contact:**

Office of Family Planning  
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