

California Personal Responsibility Education Program (PREP)

CA PREP State Plan Proposal

**California Department of Public Health
Office of Family Planning
Teen Pregnancy Prevention Program
OFP Stakeholder's Meeting
March 23, 2011**





PREP Statute

Authority

- Patient Protection and Affordable Care Act of 2010
- The Act amended Title V of the Social Security Act to include a new formula grant program entitled the Personal Responsibility Education Program (PREP)
- Grant is administered by The Administration on Children, Youth and Families (ACYF), Family and Youth Services Bureau (FYSB)



PREP Statute

Purpose of Funding

- Funds must be used for a program designed to educate adolescents on **both** abstinence and contraception to prevent pregnancy and sexually transmitted infections (STIs), including HIV/AIDS, and **at least three** adulthood preparation subjects



PREP Statute

Funding Available

- Appropriation in the amount of \$55,250,000 has been allotted to States through an Cooperative Agreement
- Allotment calculations for each State are based upon the Bureau of Census data on the number of 10 – 19 year olds in the State to implement PREP funds
- California Department of Public Health/Office of Family Planning (OFP) is eligible for \$6,553,554 for FY 2011-2012
- PREP funding is available for fiscal years 2011 through 2014



PREP Statute

Target Population

- States are encouraged to target youth populations ages 10 to 19 and pregnant women and mothers under age 21 and their partners that are the most high risk, vulnerable and culturally under-represented youth populations residing in areas with high birthrates for youth
- Youth are defined as those who have attained age 10 but have not attained age 20, except in the case of pregnant youth or mothers, which may include youth under 21 years of age



PREP Statute

Target Population

- The most high risk, vulnerable and culturally under-represented youth populations to be considered include:
 - Immigrants
 - Hispanic, African American, or American Indian teenagers
 - Foster care youth or youth aging out of foster care
 - Youth in the adjudication system
 - Males
 - Runaway/homeless teenagers
 - Out of school youth
 - Youth with HIV/AIDS and youth



PREP Statute

Target Population

- Programs must also consider the needs of lesbian, gay, bisexual, transgender, and questioning youth and how their programs will be inclusive of and non-stigmatizing toward such participants



PREP Statute

Goal

- The purpose of PREP funds is to “replicate evidence-based effective program models or substantially incorporate elements of effective programs that have been proven on the basis of scientific research to change behavior, which means delaying sexual activity, increasing condom or contraceptive use for sexually active youth, or reducing pregnancy among youth”.



PREP Program Requirements: Evidence-based & Effective Program Model

Program models must focus on implementing project interventions that most likely demonstrate change in sexual behaviors

- Applicants may choose any of the 28 model(s) in Appendix A of the Funding Opportunity Announcement (FOA) or other model(s) that have been proven effective on the basis of rigorous scientific research to change behavior, which means delaying sexual activity, increasing condom or contraceptive use for sexually active youth, or reducing pregnancy among youth



APPENDIX A: List of Evidence-Based Program Models	
Program Name	Setting
Aban Aya Youth Project (PDF)	Middle schools
Adult Identity Mentoring (Project AIM) (PDF)	Middle schools
All4You! (PDF)	Alternative high schools
Assiting in Rehabilitating Kids (ARK) (PDF)	Substance use treatment facilities
Be Proud! Be Responsible! (PDF)	Middle schools, high schools, or CBOs
Be Proud! Be Responsible! Be Protective! (PDF)	Middle schools, high schools, or CBOs
Becoming a Responsible Teen (BART) (PDF)	Middle schools, high schools, or CBOs
Children's Aid Society (CAS) - Carrera Program (PDF)	CBOs
Cuidate! (PDF)	Middle schools, high schools, or CBOs
Draw the Line/Respect the Line (PDF)	Middle schools
FOCUS (PDF)	CBOs or clinics
HIV Risk Reduction Among Detained Adolescents (PDF)	Youth detention facilities
Horizons (PDF)	CBOs or clinics
It's Your Game: Keep it Real (PDF)	Middle schools
Making a Difference! (PDF)	Middle schools or CBOs
Making Proud Choices! (PDF)	Middle schools or CBOs
Project TALC (PDF)	CBOs
Promoting Health Among Teens! Abstinence Only Intervention (PDF) (formerly known as Promoting Health Among Teens!)	Middle schools or CBOs
Promoting Health Among Teens! Comprehensive Abstinence and Safer Sex Intervention (PDF) (formerly known as Comprehensive Abstinence and Safer Sex Intervention)	Middle schools or CBOs
Raising Healthy Children (PDF) (formerly known as the Seattle Social Development Project)	Elementary schools
Reducing the Risk (PDF)	High schools

- Independently reviewed by Mathematica Policy Research**
- An Overview of the Teenage Pregnancy Prevention Evidence Review can be found at the following link:**
<http://www.hhs.gov/ophs/oah/prevention/research/programs/index.html>



PREP Program Requirements: Evidence-based & Effective Program Model

Of the 28 evidence-based program models identified

- 20 had impacts on sexual activity
- 9 on contraceptive use
- 4 on STIs
- 5 on pregnancy or births
- 1 on abstinence only interventions –
Promoting Health Among Teens! Abstinence Only Intervention



PREP Program Requirements: Evidence-based & Effective Program Model

Replication of Evidence-based Effective Programs

- **Fidelity** – how well the program is implemented without compromising its core content which is essential for program effectiveness
 - Fidelity to the original evidence-based program model or program elements is strongly encouraged
 - Regardless whether States (or their sub-awardees) are replicating an entire program or incorporating significant elements of evidence-based programs into a program



PREP Program Requirements: Evidence-based & Effective Program Model

Replication of Evidence-based Effective Programs

- **Core Components** – the essential characteristics of a program that are responsible for its effectiveness; Key elements or defining characteristics of a program
 - To maintain a program's effectiveness, its core components must be kept intact when it is replicated or adapted
 - Core components cannot be altered to an evidence-based program



PREP Program Requirements: Evidence-based & Effective Program Model

Replication of Evidence-based Effective Programs

- **Adaptations** – modification of an evidence-based program model that has been developed for a single, demographic, ethnic, linguistic and/or cultural group for use with other groups
 - Adaptations should generally be minimal; Especially when a full program model is replicated with fidelity
 - Significant adaptations may be needed to address mandatory project requirements that are based on the statute
 - Add-on components that do not alter the core components may be made to meet adulthood preparation subjects, ensuring that **both** abstinence and contraception are addressed, providing information regarding access to healthcare, etc.
 - States should consult with the curriculum developers to determine the core components of the program



PREP Program Requirements: Evidence-based & Effective Program Model

Replication of Evidence-based Effective Programs

- Traffic signal model representation of adaptations

Green, Yellow & Red Light Adaptations

- Provides guidance on whether a particular adaptation is...
 - ...**safe (green)**
 - ...**should be made cautiously (yellow)**
 - ...**should be avoided (red)**



PREP Program Requirements: Evidence-based & Effective Program Model

Replication of Evidence-based Effective Programs Green Light Adaptations

- Updating data/statistics
- Changing learning activities and instructional methods to youth culture, development, gender, sexual orientation, etc.
- Making activities more interactive
- Customizing role plays (e.g., names, setting, language, terms)
- Adding debriefing or processing questions



PREP Program Requirements: Evidence-based & Effective Program Model

Replication of Evidence-based Effective Programs

Yellow Light Adaptations

- Changing sequence of activities
- Adding activities to reinforce learning
- Adding activities to address additional risk and protective factors
- Replacing videos or other A/V aides



PREP Program Requirements: Evidence-based & Effective Program Model

Replication of Evidence-based Effective Programs

Red Light Adaptations

- Shortening the program
- Reducing or eliminating activities that allow youth to personalize risk
- Reducing or eliminating opportunities for skill practice (e.g., role plays)



PREP Program Requirements: Evidence-based & Effective Program Model

Mathematica Call for Studies

- In December 2010, additional Studies were solicited for review by Mathematica Policy Research using the same rigorous evaluation process and criteria that the 28 programs/curriculums were selected in the FOA
- Study submissions were due to Mathematica by 1/7/2011



PREP Program Requirements: Adulthood Preparation Subjects

Statute requires that at least three of the following adulthood preparation subjects be addressed:

1. Healthy relationships
2. Adolescent development
3. Financial literacy



PREP Program Requirements: Adulthood Preparation Subjects

Continued...

Statute requires that at least three of the following adulthood preparation subjects be addressed:

4. Parent-child communication
5. Educational and career success
6. Healthy life skills



PREP Program Requirements: Medical Accuracy

- Programs must provide medically accurate and complete contraceptive information
- Inform youth about the responsibilities and consequences of being a parent
- Inform youth how early pregnancy and parenthood can interfere with educational and other goals
- Inform youth on the risks associated with sexually transmitted infections, including HIV
- FYSB will review prior to implementation



PREP Program Requirements: Age Appropriateness

- Programs must demonstrate the capability of communicating with youth based upon their varying stages and levels of development
- Topics, messages and teaching methods must be suitable to specific age groups of youth, based upon varying capacities of cognitive, emotional and behavioral development
- FYSB will review prior to implementation



PREP Program Requirements: Information and Support

- Must be incorporated to educate youth who are sexually active regarding responsible sexual behavior with respect to **both** abstinence and the use of contraception
- Must be provided in the cultural context that is most appropriate for individuals in the particular population group to which they are directed as well as how the activities and services will be provided to eligible youth



PREP Program Requirements: Access to Health Care & Other Services

Provision of teenage pregnancy prevention-related health care service referrals to other providers of health care services

- Substance abuse and alcohol abuse
- Tobacco cessation
- Family planning
- Mental health issues
- Intimate partner violence



PREP Program Requirements: Access to Health Care & Other Services

- Local public health and social service agencies
- Hospitals
- Voluntary agencies
- Health or social services supported by other Federal programs (e.g., Medicaid, SCHIP, TANF) or State/local programs
- Programs should encourage the enrollment of eligible youth in public assistance programs such as Medicaid and CHIP, or any other Federal or State assistance program for which they may be eligible



PREP Program Requirements: Evaluation

Independent Evaluation

- OFP will be required to conduct Grantee-level evaluation and receive Federal training, technical assistance and oversight
- OFP will be required to monitor and report on program implementation and outcomes through performance measures
- The Performance Measures will be developed by FYSB during Year 1 of the grant
- All Grantees will be expected to collect and report on a common set of performance measures to assess program implementation and outcomes



PREP Program Requirements: Evaluation

Performance Measurements

- States will be required to report on program implementation and outcomes through five broad categories
 1. Output Measures (number of youth served, hours of service delivery, etc.)
 2. Fidelity/Adaptation
 3. Implementation and Capacity Building (community partnerships, competence in working with the identified population, etc.)
 4. Outcome Measures (behavioral, knowledge, and intentions, etc.)
 5. Community Data (STIs, birth rates, etc.)



PREP Program Requirements: Evaluation

Federal Evaluation

- A subset of projects (e.g. State-led programs or sub-awardee programs) will be selected to participate in Federal impact evaluations
- If selected, States, its sub-awardees, and independent evaluation team must participate
- It is anticipated that States will receive notification of selection to participate by July 2011.



FYSB Summary of Program Requirements to States

- Emphasize **abstinence and contraception** for the prevention of pregnancy and sexually transmitted infections for the target population
- **Replicate evidence-based** effective programs or **substantially incorporate elements of effective programs** proven to be such by rigorous scientific research
- Develop **Logic Model** to include program-specific goals and objectives



FYSB Summary of Program Requirements to States

- Provide **informational and support activities** that emphasize abstinence and contraception
- Utilize **age-appropriate and medically accurate** models
- Maintain **fidelity** to the model(s)
- Collect and report **performance measurement data**
- Adhere to **evaluation** expectations



FYSB Summary of Program Requirements to States

Links to presentation information:

- **PREP FOA Link:**

<http://www.acf.hhs.gov/grants/open/foa/view/HHS-2010-ACF-ACYF-PREP-0125>

- **FYSB Website under Teen Pregnancy Prevention General Information:**

<http://www.acf.hhs.gov/programs/fysb/content/programs/tpp.htm>

- **Office of Adolescent Health (OAH) Website:**

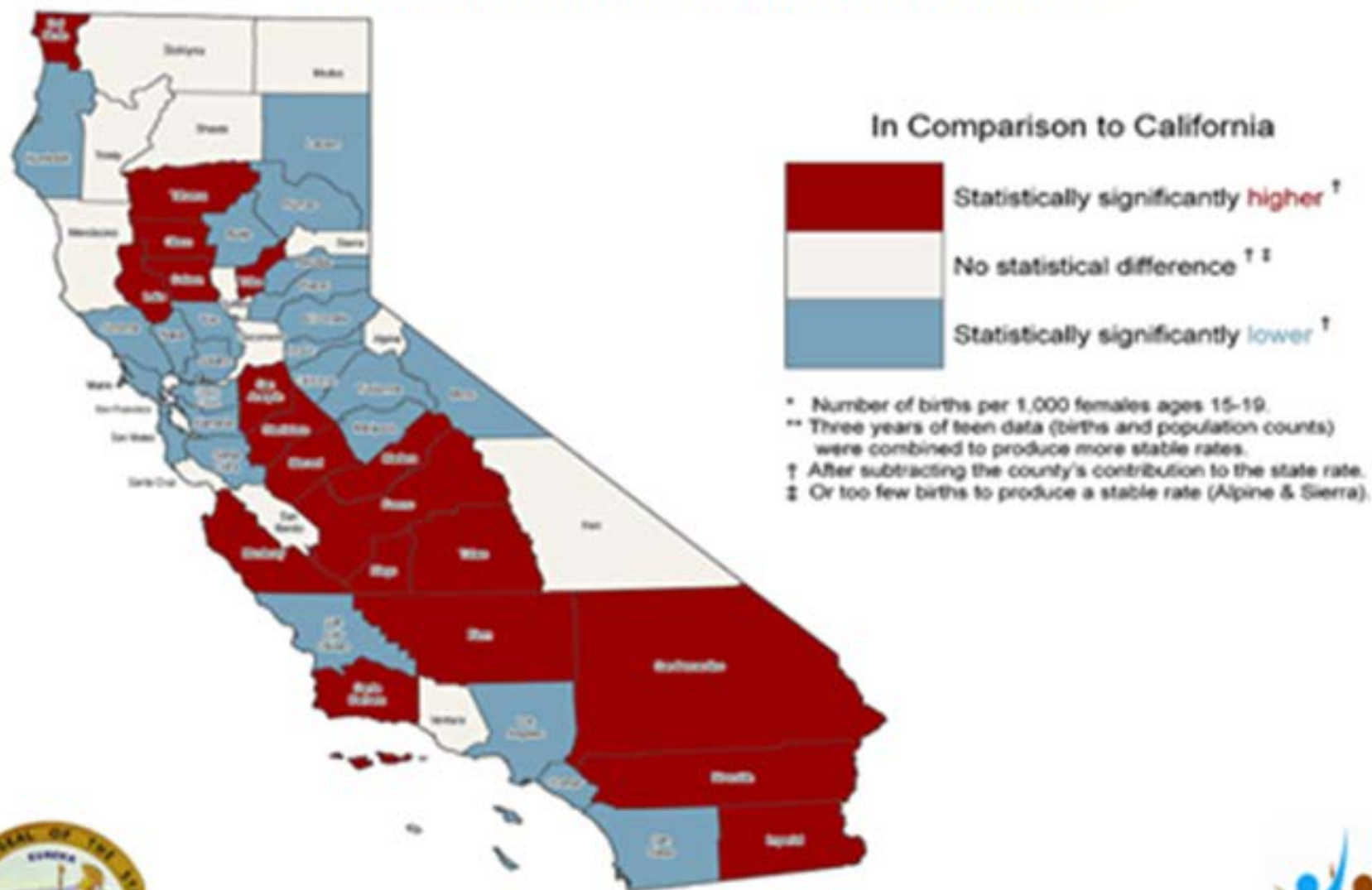
<http://www.hhs.gov/ash/oah>



CA PREP: Unmeet Need

- The OFP's objective is to execute CA PREP activities in the most at-risk/vulnerable target populations in 19 counties with the highest teen birth rates, STI, and HIV rates
- OFP will fund an applicant through a Request for Applications in each county that demonstrates a need for services in their community and submit the best approach to meet the needs of the target population

19 California Counties with Statistically Significantly Higher Teen Birth Rates* than the Statewide Teen Birth Rate, 2007-2009**



Sources: Birth Statistical Master Files, 2007-2009. Office of Health and Information Research. Teen population. Years 2007-2009. State of California, Department of Finance. Race/Ethnic Population with Age and Sex Detail, 2000-2000. Sacramento, CA, July 2007.

Prepared by: The Boby Center for Global Reproductive Health, University of California, San Francisco, for California Department of Public Health, Center for Family Health, Office of Family Planning, August, 2010.





CA PREP Post-Award State Plan Submitted February 1, 2011

- OFP will fund comprehensive prevention activities for populations at high-risk in 19 counties.
- State staff will provide oversight and guidance and administer the CA PREP via sub-awards to non-profit and community based organizations.
- The University of California, San Francisco is retained to serve as an independent evaluator to:
 - assess quantifiable performance measures and identify strategies to demonstrate outcomes.
 - provide training and technical assistance to sub-awardees.



CA PREP: Evidence-based & Effective Program Model

- OFP has selected evidence-based program models for which sub-awardees will be required to select and adapt to their target population that meets federal guidelines and OFP policies
- OFP is working on amending the TPP evaluation contract to include training, technical assistance, support, and monitoring to sub-awardees and evaluate the PREP local projects



CA PREP: Adulthood Preparation Subjects

- Sub-awardees will be required to select 3 of 6 adulthood preparation subjects that best meet the needs of their target population.
- OFP will convene a workgroup, including sub-awardees and experts, to standardize elements of all of the adulthood preparation subjects to maximize evaluation efforts.



CA PREP: Medical Accuracy and Age Appropriateness

The OFP will consult with experts to review the sub-awardees proposed evidence-based program models for medical accuracy, age appropriateness, and linguistic and cultural competency.



CA PREP: Information and Support and Access to Health Care & Other Services

- Sub-awardees will be required to provide Family PACT Clinical Linkages
- OFP will require youth be referred to Family PACT clinical services.
- Sub-awardees will also be required to develop a referral mechanisms for other Health Care and Social Services



CA PREP: Evaluation

Sub-awardees will assess the following behavioral outcomes through its activities:

- delaying sexual activity
- an increase in contraceptive use for sexually active youth
- decrease the number of sexual partners
- success regarding linking participants to clinical reproductive health services
- adulthood preparation subjects



CA PREP: Project Planning & Development

- Needs Assessment—**COMPLETED**
- Submit Post-Award State Plan by 2/1/2011—**COMPLETED**
- Solicit Applications through RFA Award Process—**June 2011**
- Submit Evidence-Based Program Models for Medical Accuracy Review—**June 2011**
- Submit List of Proposed Adaptations—**TBD**
- Submit Evaluation Plan—**TBD**
- Hire Key OFP Staff—**July 1, 2011**
- Develop Program Management Plan—**IN PROGRESS**
- Finalize Contracts with Sub-awardees—**January 2012**
- Train OFP Staff and Sub-awardees—**TBD**



OFP/TPP Contact Information

Laurie Weaver, Chief
California Dept. of Public Health
Office of Family Planning
1615 Capitol Avenue, MS 8400
P.O. Box 997420
Sacramento, CA 95814
(916) 650-0429
(916) 650-0454 Fax
Laurie.Weaver@cdph.ca.gov

Christina Moreno,
Assistant Chief
California Dept. of Public Health
Office of Family Planning
1615 Capitol Avenue, MS 8400
P.O. Box 997420
Sacramento, CA 95814
(916) 650-0445
(916) 650-0454 Fax
Christina.Moreno@cdph.ca.gov